

Monthly Schedule/Monatsplan

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|-------------------------|------------|---------------------------------------|--------------------------------|
| Month/Monat | Sep 24 | | |
| Gi/No Gi | Gi | Gi: Jan, Feb, Apr, Mai, Sep, Okt, Dez | No Gi: Mar, Jun, Jul, Aug, Nov |
| Focus/Fokus Adv. | Half Guard | | |

| Date/Datum | Day/Tag | Class/Klasse | Lesson/Lektion | Instructor | Notes/ Kommentar |
|----------------|---------------------|-------------------------|----------------|---------------|----------------------|
| 02.09.2024 | Monday/Montag | Fundamentals | 15 | Dani | |
| 03.09.2024 | Tuesday/Dienstag | Advanced - Program 2 | 32 | Marco | Slice 3 |
| 04.09.2024 | Wednesday/Mittwoch | Fundamentals | 23 | Marcel | |
| 05.09.2024 | Thursday/Donnerstag | Advanced - Program 2 | 32 | Dani | Drilling/Sparring |
| 06.09.2024 | Friday/Freitag | --- | --- | No class | |
| 07.09.2024 | Saturday/Samstag | Jr. Fundamentals (Kids) | 6 | Victor/Dani | |
| | | Fundamentals | 6 | Philip H. | |
| Weekend | | | | | |
| 09.09.2024 | Monday/Montag | Fundamentals | 16 | Philipp L. | |
| 10.09.2024 | Tuesday/Dienstag | Advanced - Program 2 | 33 | Dani | Slice 1 |
| 11.09.2024 | Wednesday/Mittwoch | Fundamentals | 24 | Dani | |
| 12.09.2024 | Thursday/Donnerstag | Advanced - Program 2 | 33 | Bruno | Slice 2 |
| 13.09.2024 | Friday/Freitag | --- | --- | No class | |
| 14.09.2024 | Saturday/Samstag | Jr. Fundamentals (Kids) | 7 | Victor/Dani | |
| | | Fundamentals | 7 | Philip H. | Instructor meeting |
| Weekend | | | | | |
| 16.09.2024 | Monday/Montag | Fundamentals | 17 | Philipp L. | |
| 17.09.2024 | Tuesday/Dienstag | Advanced - Program 2 | 33 | Philip H. | Drilling/Sparring |
| 18.09.2024 | Wednesday/Mittwoch | Fundamentals | 25 | Marcel | |
| 19.09.2024 | Thursday/Donnerstag | Advanced - Program 2 | 33 | Bruno | Drilling/Sparring |
| 20.09.2024 | Friday/Freitag | --- | --- | No class | |
| 21.09.2024 | Saturday/Samstag | Jr. Fundamentals (Kids) | 8 | Donal/Victor | |
| | | Fundamentals | 8 | Victor | |
| Weekend | | | | | |
| 23.09.2024 | Monday/Montag | Fundamentals | 18 | Philip H. | |
| 24.09.2024 | Tuesday/Dienstag | Advanced - Program 2 | --- | Victor | Open Mat/Sparring |
| 25.09.2024 | Wednesday/Mittwoch | Fundamentals | 1 | Donal | |
| 26.09.2024 | Thursday/Donnerstag | Advanced - Program 2 | --- | Dani | Principles: 29 |
| 27.09.2024 | Friday/Freitag | --- | --- | No class | |
| 28.09.2024 | Saturday/Samstag | Jr. Fundamentals (Kids) | 9 | Dani/Donal | |
| | | Fundamentals | 9 | Dani | |
| Weekend | | | | | |
| 30.09.2024 | Monday/Montag | Fundamentals | 19 | Philipp L. | |
| 01.10.2024 | Tuesday/Dienstag | Advanced - Program 2 | 34 | Victor | Slice 1 |
| 02.10.2024 | Wednesday/Mittwoch | Fundamentals | 2 | Dani | |
| 03.10.2024 | Thursday/Donnerstag | Advanced - Program 2 | 34 | Marco | Slice 2 |
| 04.10.2024 | Friday/Freitag | --- | --- | No class | |
| 05.10.2024 | Saturday/Samstag | Jr. Fundamentals (Kids) | 10 | Victor/ Donal | |
| | | Fundamentals | 10 | Leuvon | Wrestling/Take Downs |