

**Monthly Schedule/Monatsplan**

<b>Month/Monat</b>	Feb 25		
<b>Gi/No Gi</b>	Gi	<b>Gi:</b> Jan, Feb, Apr, Mai, Sep, Okt, Dez	<b>No Gi:</b> Mar, Jun, Jul, Aug, Nov
<b>Focus/Fokus Adv.</b>	Back Mount		

Date/Datum	Day/Tag	Class/Klasse	Lesson/Lektion	Instructor	Notes/ Kommentar
03.02.2025	Monday/Montag	Fundamentals	12	Philipp L.	
04.02.2025	Tuesday/Dienstag	Advanced - Program 2	39	Dani	Lapel Choke Counters - Slice 3
05.02.2025	Wednesday/Mittwoch	Fundamentals	20	Philip H.	
06.02.2025	Thursday/Donnerstag	Advanced - Program 2	39	Marco	Lapel Choke Counters - Drilling/Sparring
07.02.2025	Friday/Freitag	---	---	No class	
08.02.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	28	Victor	
		Fundamentals	3	Philip H.	
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10.02.2025	Monday/Montag	Fundamentals	13	Dani	
11.02.2025	Tuesday/Dienstag	Advanced - Program 2	40	Philip H.	Turtle Escapes - Slice 1
12.02.2025	Wednesday/Mittwoch	Fundamentals	21	Marcel	
13.02.2025	Thursday/Donnerstag	Advanced - Program 2	40	Donal	Turtle Escapes - Slice 2
14.02.2025	Friday/Freitag	---	---	Chris Crawford	No-gi seminar 18:00-20:00 (sign-up required)
15.02.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	29	No class	Sportferien
		Fundamentals	4	Dani	
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17.02.2025	Monday/Montag	Fundamentals	14	Philipp L.	
18.02.2025	Tuesday/Dienstag	Advanced - Program 2	40	Dani	Turtle Escapes - Slice 3
19.02.2025	Wednesday/Mittwoch	Fundamentals	22	Dani	
20.02.2025	Thursday/Donnerstag	Advanced - Program 2	40	Marco	Turtle Escapes - Drilling/Sparring
21.02.2025	Friday/Freitag	---	---	No class	
22.02.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	30	No class	Sportferien
		Fundamentals	5	Philipp L.	
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24.02.2025	Monday/Montag	Fundamentals	15	Philip H.	
25.02.2025	Tuesday/Dienstag	Advanced - Program 2	---	Dani	Principles 32: Grandmaster (final principle)
26.02.2025	Wednesday/Mittwoch	Fundamentals	23	Leuvon	Wrestling
27.02.2025	Thursday/Donnerstag	Advanced - Program 2	---	Marco	Open Mat (all levels)
28.02.2025	Friday/Freitag	---	---	No class	
01.03.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	29	Donal	
		Fundamentals	6	Dani	
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03.03.2025	Monday/Montag	Fundamentals	16	Philip H.	
04.03.2025	Tuesday/Dienstag	Advanced - Program 2	---	Dani	Systems: Back mount
05.03.2025	Wednesday/Mittwoch	Fundamentals	24	Victor	
06.03.2025	Thursday/Donnerstag	Advanced - Program 2	---	Dani	Systems: Back mount
07.03.2025	Friday/Freitag	---	---	No class	
08.03.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	30	Donal / Victor	
		Fundamentals	7	Philipp L.	